

	<p>Dark to Light</p>			
<p>Characters: Teddy Bear Blackie Crow <u>Setting:</u> Teddy's office</p>				

Teddy (*answers unfamiliar number, Face time call on phone*): Hello!

Blackie Crow: Is this the residence of Teddy Bear?

Teddy: Yes, how can I help you?

Blackie Crow: Caw! Caw! Blackie Crow talking. I heard through my Caw Network . . . they say you help with problems.

Teddy: I do help with problems and I'm glad you called, Blackie. Tell me what's troubling you.

Blackie Crow: Well, my neck hurts, my wings ache. Nobody likes me. Everything is dark and gloomy! My life is hopeless!

Teddy: Blackie, take a deep breath of the fresh, clean air we are lucky to have around us. (*breathes in*)
Blackie takes a deep breath.

Teddy: Open your eyes and look at the green leaves on the trees.
 Blackie looks at the green leaves.

Teddy: Listen as other members of the bird family call to each other.
 Blackie hears the musical birdcalls.

Teddy: Lift your wings to feel the breeze."
 Blackie feels the breeze ruffle his feathers.

Teddy: Think about protecting our habitat. What can you do, Blackie?

Blackie Crow: I can clean my home. I can dispose of waste carefully.

Teddy: Yes, you can make your habitat fresh and comfortable. Blackie, when you feel better and more hopeful, tell the world in a cheerful voice.

Blackie Crow: Cheer! Cheer! I can feel the warmth and brightness of the sun even on this cloudy day.

Teddy (*writes on the white board*): Read with me, Blackie.

Observe nature using all your senses, Watch, listen, touch, smell, taste.
 Recognize your feelings. Be grateful.
 Be curious about nature's cycles and changes.
 Preserve and conserve the environment. Reduce, recycle, reuse.
 Wonder at the beauty, harmony, balance, interdependence of nature
 Create pictures, stories, poems, plays, music or dance about your experiences, observations and feelings.

Blackie Crow: Thank you, Teddy, for taking me out of my bad mood. Now I see all the things I can do right around me.

Teddy: I'm glad you can be naturally hopeful, Blackie



What can I do when I feel hopeless and sad? How can I help someone else feel hopeful?

Name _____

date _____

DARK TO LIGHT

1. Who are the characters? _____
2. What is the setting? _____
3. How do Teddy and Blackie communicate? _____
4. How does Blackie feel? _____

5. How does Teddy help Blackie? _____

6. What are some suggestions about nature? _____

7. Writing. Text-to-self. Have you had a similar experience?

8. Writing. Stop and Think! What can I do when I feel hopeless and sad? How can I help someone else feel hopeful?
